

**Junior Track and Field Meet Grades 3-5**  
**Coaches' Meeting - 9:40 am**  
**Track Events**

<u>400 M (2 heats)</u>	<u>Zone 1</u>		<u>Zone 2</u>					
<b>10:00</b>	<b>TIMED FINAL</b>							
	Grade 5 Girls		Grade 5 Girls	Heats 1,2				
	Grade 5 Boys		Grade 5 Boys	Heats 1,2				
	Grade 4 Girls		Grade 4 Girls	Heats 1,2				
	Grade 4 Boys		Grade 4 Boys	Heats 1,2				
	Grade 3 Girls		Grade 3 Girls	Heats 1,2				
	Grade 3 Boys		Grade 3 Boys	Heats 1,2				
<b>200 M (2 heats)</b>	<b>TIMED FINAL</b>							
<b>11:00</b>								
	Grade 5 Girls	Heats 1,2	Grade 5 Girls	Heats 1,2				
	Grade 5 Boys	Heats 1,2	Grade 5 Boys	Heats 1,2				
	Grade 4 Girls	Heats 1,2	Grade 4 Girls	Heats 1,2				
	Grade 4 Boys	Heats 1,2	Grade 4 Boys	Heats 1,2				
	Grade 3 Girls	Heats 1,2	Grade 3 Girls	Heats 1,2				
	Grade 3 Boys	Heats 1,2	Grade 3 Boys	Heats 1,2				
<b>75 M (3 heats)</b>	<b>TIMED FINAL</b>							
<b>11:45</b>								
	Grade 5 Girls	Heats 1,2	Grade 5 Girls	Heats 1,2,3				
	Grade 5 Boys	Heats 1,2	Grade 5 Boys	Heats 1,2,3				
	Grade 4 Girls	Heats 1,2	Grade 4 Girls	Heats 1,2,3				
	Grade 4 Boys	Heats 1,2	Grade 4 Boys	Heats 1,2,3				
	Grade 3 Girls	Heats 1,2	Grade 3 Girls	Heats 1,2,3				
	Grade 3 Boys	Heats 1,2	Grade 3 Boys	Heats 1,2,3				
<b>100 M (3 heats)</b>	<b>TIMED FINAL</b>							
<b>12:15</b>								
	Grade 5 Girls	Heats 1,2	Grade 5 Girls	Heats 1,2,3				
	Grade 5 Boys	Heats 1,2	Grade 5 Boys	Heats 1,2,3				
	Grade 4 Girls	Heats 1,2	Grade 4 Girls	Heats 1,2,3				
	Grade 4 Boys	Heats 1,2	Grade 4 Boys	Heats 1,2,3				
	Grade 3 Girls	Heats 1,2	Grade 3 Girls	Heats 1,2,3				
	Grade 3 Boys	Heats 1,2	Grade 3 Boys	Heats 1,2,3				
<b>Field Events</b>								
<b>Double Meets</b>								
<u>Time</u>	<u>Long Jump</u>		<u>Ball Throw</u>		<u>Long Jump</u>		<u>Ball Throw</u>	
	<u>Zone 1</u>	<u>Pit A</u>	<u>Zone 1</u>	<u>Field</u>	<u>Zone 2</u>	<u>Pit B</u>	<u>Zone 2</u>	<u>Field</u>
10:00	Girls Gr. 3		Girls Gr. 3		Girls Gr. 3		Girls Gr. 3	
10:30	Boys Gr. 3		Boys Gr. 3		Boys Gr. 3		Boys Gr. 3	
11:00	Girls Gr. 4		Girls Gr. 4		Girls Gr. 4		Girls Gr. 4	
11:30	Boys Gr. 4		Boys Gr. 4		Boys Gr. 4		Boys Gr. 4	
12:00	Girls Gr. 5		Girls Gr. 5		Girls Gr. 5		Girls Gr. 5	
12:30	Boys Gr. 5		Boys Gr. 5		Boys Gr. 5		Boys Gr. 5	