

## Athletic Opportunities at Orchard Park

	Primary 1/2/3	Junior 4/5	Intermediate 6/7/8
<b>Clubs (typically) Offered All Year</b>	Intramurals Yoga/ relaxation Club	Intramurals Yoga/ relaxation Club	Athletic Council (7/8) Intramurals Yoga/ relaxation Club
<b>Sept</b>	Walk Across Canada Cross Country (gr 3-8)	Walk Across Canada Cross Country (gr 3-8)	Walk Across Canada Cross Country (gr 3-8) Flag Football (co-ed 7 & 8) Senior Volleyball
<b>Oct</b>			Volleyball Cont.
<b>Nov</b>			Volleyball Cont.
<b>Dec</b>			Senior Badminton (6-8)
<b>Jan</b>		Junior Volleyball (5-6)	Junior Volleyball (5-6) Senior Badminton (6-8)
<b>Feb</b>	Junglesport	Junglesport	Junglesport Senior Basketball (6-8)
<b>March</b>		Junior Volleyball (4-5)	Senior Basketball Cont.
<b>April</b>		Junior Basketball (5-6)	Senior Basketball Cont.
<b>May</b>	Track & Field (3-8) Relay (3-8)	Track & Field (3-8) Relay (3-8) Junior Soccer (5-6)	Track & Field (3-8) Relay (3-8) Senior Soccer (6-8) Ultimate Frisbee (6-8)
<b>June</b>		Soccer Cont.	Soccer Cont.

### Possible Intramural Activities

Primary	Junior	Intermediate
Tag Games Benchball 4 corner soccer Scooter hockey Scooter handball Soccer Baseball Capture the Flag Skittles	Capture the Flag Soccer Skittles Dodgeball Scooter Games Volleyball Handball Ultimate Kickball	Volleyball Basketball Ultimate Frisbee Floor Hockey Tchoukball Soccer Flag Football Flag Rugby

